<u>Learning Intention</u> I am learning how to read and understand information in a table.

<u>Success Criteria</u>

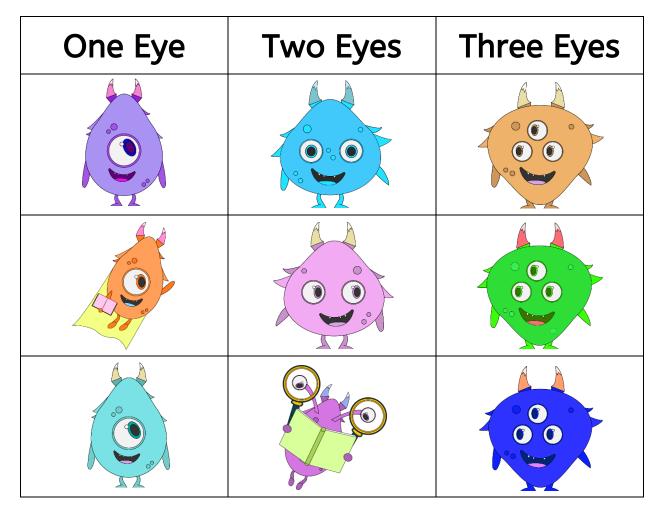
I will point out these parts of the table:

- headings
- •rows
- •columns

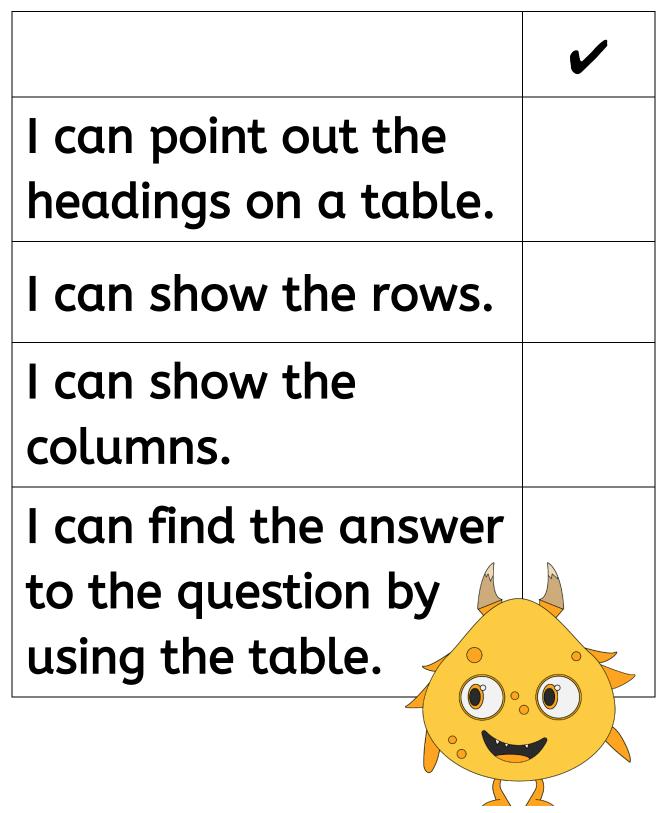
I will also explain, or say, what the table helps us to learn or understand.

<u>Tables</u>

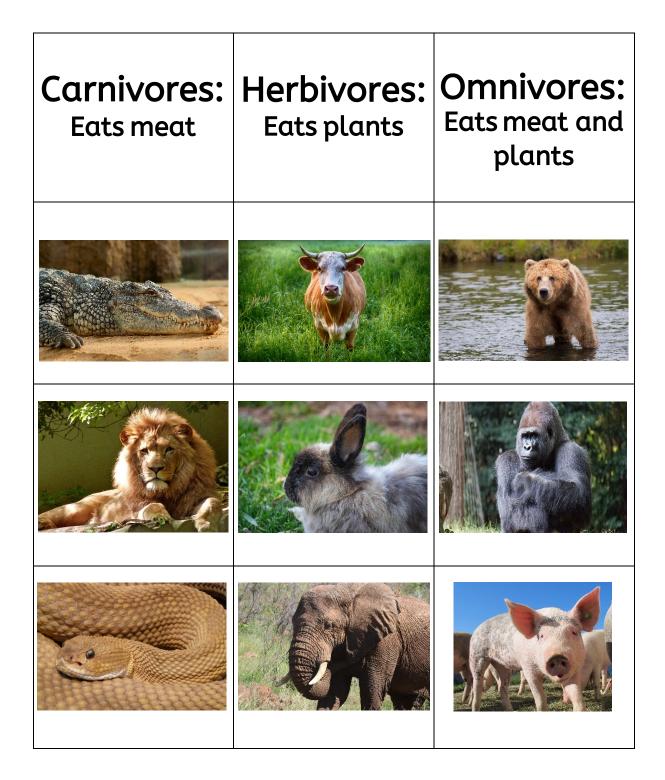
A table shows information in rows and columns. Rows go across. Columns go down. Tables have headings at the top or side to show how the ideas are sorted.



Learning Checklist Check these off as you go.



What Animals Eat



Healthy Eating

To stay healthy, eat a variety of foods from the five food groups every day and drink lots of water.

Grains and cereals: mostly wholegrain and high fibre	Fresh vegetables, beans, legumes and fresh fruits	Lean meats and poultry, fish, eggs, tofu, nuts, seeds, legumes and beans	Milk, yoghurt, cheese and/or alternatives	Fats, oils
rice	potatoes	steak	cow milk	olive oil
noodles	onions	chops	goat milk	canola oil
bread	carrots	mince	soy drink	margarine
rolls	zucchini	chicken	yoghurt	_
pita	squash	eggs	cheese	
wraps	pumpkin	fish	cream	
wheat	corn	prawns	butter	
flakes	eggplant	baked		
rolled oats	mushroom	beans	the main and the second	
muesli	S	tofu	Sector (A CAR
couscous	broccoli	lentils		
polenta	asparagus	chickpeas		
quinoa	beans	mixed nuts		
pasta	peas	red kidney		
	tomatoes	beans		
	apples	100 B 100 00	april and the	
	bananas			
	berries			A B
	oranges			
	grapes	Callerate		And And
	melon	A COLORADO		
	pineapple			
	plums	REPE		
	cherries			
	mangoes		and the property of the second	
	pears			
	kiwifruit			
		1	C C C C	
		AS Car		
OLIVE OIL				